

The **Tree of Kindness** is an initiative where **Orchardhill** is partnering with **KIND Scotland** to help tackle the grave issue of poverty affecting so many people in Scotland.

### **Quarriers Family Resource Centre**

The Centre works with families experiencing difficulties. These difficulties can arise as a result of a range of issues such as poverty, domestic abuse or mental health issues. To achieve a more balanced family life, the Centre offers programmes to aid bonding, attachment and the building of positive relationships.

Support is achieved through the provision of help given on an individual or group basis. Activities that provide this type of support include a women's group, a dad's group, literacy support, drop-in, playtime and parenting classes.

### **Family Addiction Support Services**

FASS was started by parents in Glasgow in 1986 who were concerned by the growing drug problem in the city. Since then FASS has helped countless families and individuals to cope with the effects of addiction. FASS offers free one to one support to family members affected by alcohol or drug problems. They have a large number of affiliated groups meeting throughout Glasgow - family support groups, bereavement groups and kinships groups. FASS aims to promote the needs of families affected by addiction and to assist them to access support available to them.

### **Glasgow's Young Persons Befriending Service**

This service provides support to isolated and vulnerable 8-18 year olds living in the Glasgow area. The service matches young people who are experiencing difficulties with adult volunteers. The young people get the opportunity to have fun but also to build a relationship with a supportive adult, experience personal development and have access to activities and community resources otherwise outwith their reach.

### **Glasgow Care Foundation**

For 140 years this organisation has been supporting and caring for people in Glasgow. They strive to help people turn their lives around and give them a chance. They do this by meeting the urgent needs of those referred to them by Social Services and other agencies. Their support is very practical and includes helping families with gifts at Christmas.